



**VISAKHAPATNAM PORT AUTHORITY**

An ISO 9001, ISO 14001, ISO 45001 Certified & ISPS Compliant Port

VPA have Grandly Observes International Day of Yoga-2023 on 21-06-2023 at VPA Indoor Stadium, large participation was received from all departments. The Event was organised in association with Art of Living.



## INTERNATIONAL DAY OF YOGA

### YOGA FOR VASUDHAIVA KUTUMBAKAM

As a part of celebration of 9th International Day of Yoga, 2023 (IDY 2023), it is proposed to organize the celebrations on 21st June, 2023 at Rajeev Gandhi Indoor Stadium from 6.00AM onwards.

Kindly participate actively in the above programme without fail to promote and celebrate International Yoga Day. The participants are advised to carry their Yoga Mats / Blankets to the venue.

**WEDNESDAY 21ST, JUNE 2023**





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VPA have organised yoga session to Port School Children at its HRD centre on 20-06-2023 in association with Art of Living, Yoga masters as a part of 9<sup>th</sup> International Day of Yoga celebrations. Children have enjoyed the session and Promised to practice Yoga everyday.

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